

**PARISH OF THE HOLY SPIRIT**



**ST. BERNARD CHURCH**

**Mass Intentions**

**MONDAY NOVEMBER 29, 2010**

8 AM RUTH DELLA SANTA by Roberta Gianferrari

**TUESDAY, NOVEMBER 30, 2010**

8 AM JOSEPH and IRENE BRUCE by the family

**THURSDAY, DECEMBER 2, 2010**

9 AM HAROLD CARROLL by his wife, Mary

**FRIDAY, DECEMBER 3, 2010**

8 AM JOHN and CATHERINE DONAHUE and FAMILY by the Frains

**SATURDAY, DECEMBER 4, 2010**

8 AM RONALD FRISCHKORN by Catherine Dee  
4 PM JAMES and MURIEL RICH by their daughter

**SUNDAY, DECEMBER 5, 2010**

8:00 AM MARIE COSTA (4<sup>th</sup> Anniv.) by her sister, Roberta  
9:30 AM T. WILLIAM KOSKI (6<sup>th</sup> Anniv.) by his wife and family  
11:15 AM CLAYTON WATKINS (1<sup>st</sup> Anniv.) by the family



**ETERNAL LIGHT**

burning this week in loving memory of  
**SCOTT BALL 11<sup>th</sup> Anniversary**  
by the family

**KEEP CHRIST IN CHRISTMAS** The Knights of Columbus 819 will be selling Christmas Cards with a Keep Christ in Christmas theme after Mass at St Bernard Church on November 28 and Dec 3. There are many beautiful card styles available as well as lapel pins and car magnets.

**IMMACULATE CONCEPTION CHURCH**

**Mass Intentions**

**SUNDAY, NOVEMBER 28, 2010**

11 AM ROSE and STEPHEN FILIPI

**SUNDAY, DECEMBER 5, 2010**

11 AM FOR VOCATIONS

**ST. MARGARET MARY CHURCH**

**Mass Intentions**

**SATURDAY, NOVEMBER 27, 2010**

4PM MARGARET GRIFFIN by John and Carole Foley

**SUNDAY, NOVEMBER 28, 2010**

9 AM JILL WARNKE by Rene and Joanne Marchand

**WEDNESDAY, DECEMBER 1, 2010**

8 AM LOUISE ARNOLD by Bill and Terry Williams

**SATURDAY, DECEMBER 4, 2010**

4PM JOHN J. O'BRIEN by Carolyn L. Manning

**SUNDAY, DECEMBER 5, 2010**

9 AM MICHAEL O'BRIEN by the Family

Meetings: Knights of Columbus 5414

Officers: December 2 at 7:30Pm

Regular: December 16 at 7:30PM

Pastoral Council: January 12 7PM

Coffee Hosts: December 5: Richard and Virginia Haight  
Stanley and Dorothy Johnson  
December 12: Louise Zerba

**ATTENTION PARENTS:** If your child has received First Communion and would like to be trained as an Altar Server for Mass, please contact Steve or Susan Ruel at 352-7239.

**PARISH SUPPORT**  
**PARISH OF THE HOLY SPIRIT**  
St. Bernard, St. Margaret Mary, and Immaculate Conception Churches, Combined

Parish Support information will appear in the next Bulletin due to the Thanksgiving holiday.

# MARY, QUEEN OF PEACE PARISH



## Mass Intentions

### SATURDAY, NOVEMBER 27, 2010

4PM MARY WOJCHICK by her Children

### SUNDAY, NOVEMBER 28, 2010

9 AM KENNETH DIXON

10:30AM JOSEPH A. PIURKOWSKI by  
Michelle Piurkowski Turner

### WEDNESDAY, DECEMBER 1, 2010

8:30 AM PARISHIONERS INTENTIONS  
St. Stanislaus

### SATURDAY, DECEMBER 4, 2010

4PM ROBERTE PERRAULT by Joseph and Ellen Roy

### SUNDAY, DECEMBER 5, 2010

9 AM KENNETH DIXON

10:30AM DEB ZITTA by the Zitta Family



**ETERNAL LIGHT**  
burning this week in memory of  
**MARY WOJCHICK**  
by her children

## PARISH SUPPORT

Parish Support information will appear in the next  
Bulletin due to the Thanksgiving holiday.

## MARY, QUEEN OF PEACE PARISHIONERS:

**Volunteers are needed for our**

***“Bereavement Meal Ministry”***

We need volunteers to make sandwiches, salads or desserts to serve to family and friends after a funeral service at *Mary, Queen of Peace Parish*. If you can assist, or would like more information, please contact one of the following team leaders:

- Betty Dickinson 336-5393
- Sandy McGrath 239-7072
- Jane Rice 239-4419
- Ann Whittle 256-8469 or
- Sr. Kathleen Haight 357-3093, ext. 13

## PRAYER OPPORTUNITIES

**Rosary** at St. Bernard 1/2 hour before 8:00 AM Mass Monday-Friday

**Divine Mercy Chaplet** after 8:00 AM Mass Monday-Friday

**Rosary** at St. Margaret Mary Chapel is Tuesdays at 7:00 PM  
**Chalice of Strength Holy Hour** is Thursdays at 6:45 AM in the Clairvaux chapel and at 12:30-1:30 PM and 6:00 PM in St. Bernard Church.

**Prayer Group** is Thursdays at 7:00 PM in St. Bernard Parish Hall

**Adoration at St. Margaret Mary** is on the 1<sup>st</sup> Friday from 9:00 AM-3:00 PM

**Adoration Chapel at St. Joseph** is the 1<sup>st</sup> Friday from 3:00 PM-6:00 PM

**Adoration Chapel St. Stanislaus** 1<sup>st</sup> Friday 5:00 PM-7:00 PM

**Adoration Chapel** at Clairvaux Center hours: Monday-Friday 9:00 AM-8:00 PM and Sunday 3:00-7:00 PM

Please contact Pat Crisman 847-9596, Peggy Hussey 352-8648, Jo Johnson 352-8707, Ernie Walsh 358-5515

**Guardians needed for Sundays 4-5, Monday 11-12, Tuesday 3-4, and Friday 5-6**

*“Thou alone art holy; Thou alone art Lord; Thou alone, O Jesus Christ, are most high, together with the Holy Spirit, in the glory of God the Father” (Gloria in excelsis)*

**Come and see!**

## Knights of Columbus 6921 Meeting:

December 6 at 7:15PM

**Parish Council Meeting:** February 9, 2011

**NH Catholic Daughters:** December 7

**Catholic Society:** 2<sup>nd</sup> Wednesday of every month:  
December 8 7PM Holy Day



## EUCCHARISTIC ADORATION CHAPEL SANCTUARY LAMP

burning this week for

the intentions of  
those who worship here

## FIRST SUNDAY OF ADVENT

### Readings for the Week of November 28, 2010

Sunday: Is 2:1-5/Rom 13:11-14/Mt 24:37-44  
Monday: Is 4:2-6/Mt 8:5-11  
Tuesday: Rom 10:9-18/Mt 4:18-22  
Wednesday: Is 25:6-10a/Mt 15:29-37  
Thursday: Is 26:1-6/Mt 7:21, 24-27  
Friday: Is 29:17-24/Mt 9:27-31  
Saturday: Is 30:19-21, 23-26/Mt 9:35---10:1, 5a, 6-8  
Next Sunday: Is 11:1-10/Rom 15:4-9/Mt 3:1-12

### Sunday Religious Education Program

There are NO Sunday classes for Grades 1-5, EDGE, or Confirmation on Sunday, November 28, due to Thanksgiving Weekend. Classes resume on Sunday, December 5.

ALL Confirmation Classes will meet at 5 PM on Sunday, December 5, followed by a Student Mass for all students, sponsors, and families (including EDGE) at 6 PM.

### FALL/WINTER CLEANING!!

DECEMBER 11

9:00 AM

We will be cleaning St. Bernard Church to prepare for Christmas. Everyone is invited to help. Please bring your rubber gloves, Murphy's Soap, rags and buckets!

If you plan to come and/or have any questions, please call Diane Farina (357-5504) and leave a message.

Thank you in advance for helping us make the Church a fitting home for our Savior.

### 26th ANNUAL MEN'S RETREAT 2011

The 26th Annual Men's Retreat will be held January 7-9, 2011 at the Barbara C. Harris Center in Greenfield, NH. Team Leader: Brian Harrison (St. Michael's, Exeter) 603-772-3916 (ext. 18) Spiritual Director: Fr. Paul Boudreau, Keene. This year's retreat will focus on some of the lesser known Saints and Bible figures such as the Centurion, Gideon, Blessed Solanus Casey, and Br. Andre Bessette —looking at Holiness for the every day man, along with exploring our call to Holiness rather than a call to machoness. For more information visit [www.vitanova.org](http://www.vitanova.org).

**Reminder:** Next weekend, December 4-5, our parishes will have a 2<sup>nd</sup> collection for St. Vincent de Paul Society. We are again asking for your support to help us continue to carry out our mission by serving the poorest of God's children. Thank you and God bless you this Advent season. — *Your brothers and sisters of St. Vincent de Paul Society.*

**College Scholarships Available!** At Thomas More College, in Merrimack, NH, you will find an academic community dedicated to providing a comprehensive Liberal Arts education in the Catholic tradition. The students, faculty, and staff invite all high school seniors to join us through the **2011 Faith & Reason Essay Contest** in pondering how the rich heritage of the Church's culture can offer hope to the world today. Over \$100,000 in scholarship money will be awarded this year to incoming freshmen. To learn more, visit us online at [www.ThomasMoreCollege.edu](http://www.ThomasMoreCollege.edu) or contact the Director of Admissions, Mark Schwerdt, at (800) 880-8308.



**CHRISTMAS FLOWERS:** As in the past we are asking for your assistance in purchasing our Christmas flowers to decorate St. Bernard, St. Margaret Mary, Immaculate Conception, St. Stanislaus and St. Joseph. If you are interested, checks made payable to your parish may be sent to the Parish Offices at 161 Main Street, Keene or placed in the collection basket with your intentions (in memory or in honor of loved ones). Please place your donation in a white envelope marked "Christmas flowers" or use the Christmas flower envelopes that are at the entrance to the Church. The names of those you wish to have remembered will appear in a Bulletin after Christmas.

### OUR LADY OF HOPE- HOUSE OF PRAYER

400 Temple Road New Ipswich, NH 03071  
603-878-2346

Looking at the Lights and Darks in Our Lives.  
January 21-23, 2011

We often hear people say "put God in the center of your life", but some of us find that difficult. Our past, our relationships, and daily life too often get in the way. This weekend, in order to maintain a balance with God in our center, we will take time to think about the "darks" and "lights" of our lives. As we reflect, we will create a quilt block to use as a reminder that we never walk alone. All materials will be provided, no sewing experience needed! Presenter: Kathy Hill

Kathy has a Masters of Education from Antioch College. She is a former high school teacher and taught CCD for 25 years at Sacred Heart Parish in Greenville, NH. She retired after 35 years in education. She is currently employed as an administrative assistant for a small, local business. Kathy enjoys quilting with friends to create items for church fundraisers.

Registration deadline: January 15, 2011 Deposit: \$30/person (non-refundable) Cost: \$140 (includes registration)



"Two men will be out in the field; one will be taken, and one will be left. Two women will be grinding at the mill; one will be taken, and one will be left. Therefore, stay awake! For you do not know on which day your Lord will come." -Mt 24:40-42

### ADVENT PENANCE SERVICES

**Sunday, December 5: Reconciliation, Immaculate Conception Church, Troy, 2:00 PM**

**Monday, December 6: 9:15 AM, School confessions**

**Sunday, December 12: Reconciliation, St. Margaret Mary Church, 2:00 PM**

**Sunday, December 19: Reconciliation, Mary, Queen, of Peace at St. Joseph Church, 2:00 PM**

### ST. VINCENT de PAUL FOOD PANTRY



Our Giving Tree is set up in the Sanctuary at St. Bernard. Parishioners who wish to participate are asked to take an ornament tag from the Tree and purchase the items written on the tag. Please return all items to the Tree. St. Vincent de Paul depends on the

generosity of the parishioners for food donations and/or monetary donations. Your continued support and generosity is most appreciated.

### CD Ministry –

**New titles have arrived!!!** Featured CD this week is **I'm Not Being Fed – Jeff Cavins**. In this dynamic talk, Jeff Cavins explores some of the reasons why so many have left the Catholic Church for evangelical Christianity. He responds to the most commonly heard complaint of these former Catholics – that they simply were not being “fed” by their church. As he presents the story of his own return to Catholicism, Cavins builds a case for the unique character of the Catholic church as the church founded by Christ.

**Cost for CDs is \$3.00.**

**Evangelization Corner** - *“Although we never saw Jesus, we know him and love him. Through prayer, we talk to him and he talks to us. Isn't that remarkable? Doesn't that reality prove that we have new life – a life that is not bound by time and space, or by the flesh, our own mind, or human resources?”* - Fr. Francis Martin

### Catholic Faith Formation Center

In case you hadn't heard, Catholic Faith Formation Center, 2<sup>nd</sup> Floor Clairvaux Center, has a new look and new programs!

- Come check out our expanding lending library of books, DVDs and audio CDs
- Purchase items in our newly re-organized giftshop/bookstore to help make your Advent more meaningful and to better prepare your hearts for Christmas
  - Magnificat Advent devotionals are in stock and available!
- Join us for one of the following Adult Education/Formation opportunities:
  - Epic class on Church History – meets Wednesdays from 2-3:30 PM
  - Journey Through Scripture Bible Timeline – meets Thursdays from 10-11:30 AM
  - Lectio divina – come pray the upcoming Sunday Gospel with us on Mondays at 2 PM, beginning on November 30.
  - Advent Morning of Reflection with Deacon Arnold, Saturday, December 4, beginning with 8 AM Mass, ending with bag lunch.
  - Friday evening Masses during Advent which will include a homily reflection on St. Therese of Lisieux, followed by Eucharistic Adoration and Confessions - December 3, 10, & 17.
  - Community Bus trip to LaSalette Shrine in Enfield to see the Christmas lights, pray and sing carols together, share a picnic supper on Sunday, December 12. Bus will depart St. Bernard at 3:30 PM and return by 8:30 PM. Cost is \$7 per person, \$25 family maximum. Space on bus is limited!

For more information, contact us at 352-7662!

**Knights of Columbus Annual Christmas Caroling at Maplewood Nursing Home** will be Tuesday, December 14. We will be leaving St. Margaret Mary's parking lot at 6:00PM. Anyone wishing to donate a small, unwrapped gift to the elderly may place their donation in the baskets in the vestibule. You can bring cookies and pastries that are sugar free and no nuts. All are welcome!

With **Advent** starting up, please take a few minutes a day, maybe five minutes, and use **The Word Among Us** to grow closer to the Lord before Christmas. Spending just a few minutes a day reading **The Word Among Us** magazine will dramatically change your experience during Advent from one of commercialization to spiritual openness. Copies are provided by the parish and are located at church exits. Please pick one up for your family and start a new Christmas tradition!

**Children of Hope** – Children and parents are encouraged to join us on the first and third **Tuesdays** (please note new day!) of each month for 30 minutes of Eucharistic Adoration at St. Bernard Church. The next opportunity will be **Tuesday, December 7**, from 3:30-4 PM. Children of all ages with parents are welcome to come! Please consider taking a break at the end of a busy school day to spend some time with the Lord in adoration.

Want some Christmas Magic?  
Do you enjoy spending time with kids?  
Are you a Crafty-Woman or a Handy-Man?  
-Call to join our Team for **Kids Night Out!**  
We need help with craft instructors & helpers,  
activity supervision, shopping pals, gift wrap guides...  
even clean-up crew!  
Many small jobs for a busy night of Christmas Fun!  
~~~~~  
Call Susan at 352-7239 + let me know your interests.  
"Special deals" for adult and teen combo volunteers!  
Note: This volunteer time can count toward "community service hours"

**Blessing Ourselves**  
"As we enter the church we are met with the Holy Water Font. We could think of this as a miniature Baptismal Font. When we dip our finger(s), from our right hand, into the font and bless ourselves by making the sign of the cross, we are physically recalling our own baptism. We are claiming once again that we belong to Christ by making His sign over our body with the water of baptism. An act that at times can become habitual and thoughtless – we must be mindful that we are recalling the sacred act of our baptism, and are forever marked as belonging to Christ. Do this with great reverence, thoughtfulness and gratitude." – taken from Immaculate Conception, Salem, MA website – [www.icsalem.org](http://www.icsalem.org)

**The Sacrament of Reconciliation/Confession**

As Catholics, we have the privilege of receiving the forgiveness of God, gained for us by Jesus' sacrifice on the cross, in the Sacrament of Reconciliation. Although this sacrament is strictly required for the confession of serious, or mortal sin, "confession of everyday faults (venial sins) is nevertheless strongly recommended by the Church." (CCC 1458) This confession of less serious sins helps us to grow in the spiritual life and become holier, more merciful people.

Some people ask how often they must confess their sins to a priest. The Church asks that we confess our serious sins at least once a year – but rather than looking at confession as a "duty" to be performed annually, a change in our way of thinking may help us to look at this sacrament as a great gift to be received frequently. When we come to appreciate the love and mercy of God poured out to us in this great sacrament, we will find ourselves longing to receive the grace more often. Many teachers of the spiritual life and spiritual directors recommend frequent confession – at least monthly – for those who are trying to grow spiritually. Since the Second Vatican Council reminds us that we are ALL called to holiness that means we ALL should be taking another look at frequent reception of the Sacrament of Reconciliation.

If it's been a while since you last received the Sacrament of Reconciliation and you are wondering where to begin, here are a few reminders to help you:

- Remember that the priest is there in the person of Christ – he is full of joy that you have come to celebrate the sacrament, regardless of how long you have been away.
- When you enter the confessional, make the Sign of the Cross, and tell the priest how long it has been since your last confession. If you can't remember, just tell him that. He won't be upset with you.
- Confess your sins to the priest. After you confess your sins, the priest will often give you some counsel, and ask you to pray a penance after you leave the confessional. The penance may consist of a prayer, work of mercy, or other sacrifice.
- The priest will then ask you to say an Act of Contrition. This is simply a prayer expressing your sorrow for your sins and your intention to not commit them again, with the help of God. One Act of Contrition is:
  - o **My God, I am sorry for my sins with all my heart. In choosing to do wrong, and failing to do good, I have sinned against you, whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In His name, my God, have mercy. Amen.**
- After this, the priest will pray the beautiful words of Absolution of sin, and you will be reconciled to God, the Church, and your brothers and sisters.

